

Mahnaz B.



Certified Personal Trainer
Master Trainer
Team Member Since: 2001
Sessions Serviced:15,000 +

Education & Certifications

- PhD in VETERINARY MEDICINE
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Sports Fitness Specialist

Hobbies and Achievements

- Trained at US Olympic Committee Center
- Fitness Ambassador 2008 Beijing Olympics



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 543

