

Art A.

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist



Certified Personal Trainer
Master Trainer
Team Member Since: 2009
Sessions Serviced: 5,000 +

Hobbies and Achievements

- Brazilian Jiu Jitsu
- Mixed Martial Arts
- Moto GP
- Tough Mudder



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining