## Brian P.



Certified Personal Trainer Master Trainer Fitness Manager Team Member Since: 2006 Sessions Serviced:2,000 +

## **Education & Certifications**

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine Corrective Exercise Specialist
- National Academy of Sports Medicine Performance Enhancement Specialist

## **Hobbies and Achievements**

- Martial Arts
- Olympic lifting
- Yoga
- Guitar



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

