

# Luis S.

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Hobbies and Achievements

- Powerlifting
- Swimming and Outdoor Activities
- Cooking
- Bodybuilding
- Football, Boxing, MMA



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