

Sachi G.



**Certified Personal Trainer
Master Trainer
Team Member Since: 2011
Sessions Serviced: 2,000 +**

Education & Certifications

- BA in Screenwriting from Loyola Marymount University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist

Hobbies and Achievements

- High-Intensity Interval Training
- Writing
- Traveling The World
- Dog Psychology and Obedience
- Film Study



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24hourfitness.com/personaltraining

Club ID: 545

