

Joey D.



Certified Personal Trainer
Team Member Since: 2009
Sessions Serviced:2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Snowboarding
- Mixed Martial Arts
- The Great Outdoors
- Food
- Sports



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining