

# Nicolette A.



**Certified Personal Trainer**  
**Team Member Since: 2007**

## Education & Certifications

- BA in Broadcasting from California State University San Francisco
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Soccer
- Running
- Cycling
- Fitness modeling
- Dance



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