

Shayla G.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Swimming
- Weight Lifting
- NPC Bikini Competitions
- Hiking
- Four Wheeling



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