

Betsy N.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2009
Sessions Serviced: 2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Weight training
- Hiking
- Golf
- Group cycle classes



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining