Jeff M.



Fitness Manager Team Member Since: 1996 Sessions Serviced:5,000 +

Education & Certifications

- BS in Fitness Management from University of Nevada
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine Corrective Exercise Specialist

Hobbies and Achievements

- Golfing, fishing, hiking, camping
- Collegiate baseball player
- Sports baseball and football
- Weight training
- Traveling, cruises
- Spending time with family and friends



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