## Tyson H.



Master Trainer
Team Member Since: 2006

## **Education & Certifications**

- BS in Exercise Science from Southeastern Louisiana University
- AS Degree in Respiratory Care Practice from San Joaquin Valley Community College
- CPR Certification
- International Sports Sciences Association Strength and Conditioning Certification
- International Sports Sciences Assoc. Fitness Therapy Certification
- National Academy of Sports Medicine Corrective Exercise Specialist
- National Academy of Sports Medicine Certified Personal Trainer
- National Academy of Sports Medicine Performance Enhancement Specialist

## **Hobbies and Achievements**

- Going to church/religion
- Body building
- Sports, especially baseball



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