

Joseph O.

Education & Certifications

- BS in Health Science from Hawaii Pacific University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist



Certified Personal Trainer
Master Trainer
Team Member Since: 2012

Hobbies and Achievements

- Hiking
- Surfing



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Club ID: 555

