

Josh K.



Certified Personal Trainer
Master Trainer
Team Member Since: 2009
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Exercise Sports Science from University of Hawaii, Kapiolani
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Basketball
- Surfing
- CrossFit



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