

# Gwen A.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BA in American studies from University of California Berkley
- MA in sports science from University of the Pacific
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Coaching and playing softball
- Cal Athletics
- Traveling



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