

# Melissa T.



**Certified Personal Trainer**  
**Team Member Since: 2010**

## Education & Certifications

- BS in Kinesiology from California State University Monterey Bay
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Rugby
- Wrestling
- Football
- Track & Field
- Swimming



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Club ID: 557