

Beatriz S.



Certified Personal Trainer
Master Trainer
Team Member Since: 2010

Education & Certifications

- Enter degree or delete this.
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Cycle
- Hike
- Windsurf
- Snowboard
- Photography



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 558