

Bruce N.



Certified Personal Trainer
Master Trainer
Team Member Since: 1999
Sessions Serviced: 5,000 +

Education & Certifications

- BA in Psychology from University of Hawaii at Manoa
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Loves spending time with my wife and daughters
- NFL and College Football Enthusiast



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 559