

Justin S.



Certified Personal Trainer
Master Trainer
Team Member Since: 2005
Sessions Serviced:10,000 +

Education & Certifications

- BS in Exercise Science from University of Hawaii at Manoa
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Surfing
- Soccer
- Basketball
- Gardening
- Spending time with family



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 559

