

# Donald H.



**Certified Personal Trainer**  
**Team Member Since: 2010**

## Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Martial Arts - 2nd Degree Black Belt Kajukenbo
- Philosophy
- Water Skiing



For more info about this trainer,  
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