

# Phong M.



**Certified Personal Trainer**  
**Team Member Since: 2009**

## Education & Certifications

- BS in Exercise Biology
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification

## Hobbies and Achievements

- Guitar playing
- Volleyball
- Weight training



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 560

