

Brian Q.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Athletic Training from Linfield College
- AED (Automated External Defibrillator)
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®

Hobbies and Achievements

- Played college baseball
- Completed two half marathons
- Playing drums



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 562