

# Christie C.



**Certified Personal Trainer**  
Team Member Since: 2012

## Education & Certifications

- BS in Biology - Human Emphasis from Boise State University
- MS in Kinesiology - Biophysical Emphasis from Boise State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Strength and Conditioning Specialist®
- USA Weightlifting Certification

## Hobbies and Achievements

- Strength and Conditioning Graduate Assistant - Boise State University 2008
- College Football!



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)