

Patrick T.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BA in Psychology and Sociology from University of Portland
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Cooking and Baking
- Competitive Eating Challenges
- Basketball and Running Events
- Hood to Coast and Half-Marathon 2013
- Guitar



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 562