

Tony G.



Master Trainer
Fitness Manager
Team Member Since: 2007

Education & Certifications

- BS in Exercise Science from Linfield College
- AED (Automated External Defibrillator)
- CPR Certification
- KETTLEBELL – Certified Kettlebell Instructor
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Brazilian Jiu Jitsu - Brown Belt
- Training with Kettlebells
- Olympic weight lifting
- Spending time with my dogs



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