

Luis A.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AS in ADVANCED HEALTH FITNESS TRAINING from BRYAN COLLEGE
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- BASEBALL
- MUD RUNS
- MMA
- RUNNING



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