

# Blake E.

## Education & Certifications



- BS in Kinesiology from California State University Fullerton
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

**Team Member Since: 2005**  
**Sessions Serviced: 10,000 +**

## Hobbies and Achievements

Mountain Biking  
Ski & Snowboard  
Hiking  
Travel



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