

Jesse H.



Certified Personal Trainer
Team Member Since: 2012
Sessions Serviced:10,000 +

Education & Certifications

- Exercise Science and Kinesiology from Wichita State University
- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- Cooper Institute - Personal Trainer Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Anything Alpine and anything Epic
- Mountaineering
- Trail Running
- Mountain Biking
- Triathlon



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining