

Phil D.



Master Trainer
Assistant Fitness Manager
Team Member Since: 2010
Sessions Serviced: 2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Music
- Long boarding
- Multi-Sport
- Renaissance Man
- Father



For more info about this trainer,
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