Kenneth B.



Certified Personal Trainer Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine Certified Personal Trainer

Hobbies and Achievements

- Bodybuilding
- Music (i.e. guitarist, rapper, singer)
- MMA (ju jit su, muay thai, boxing)



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

