

Shawn T.



Fitness Manager
Team Member Since: 2001
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Business Management from Eastern Oregon University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Competitive Taekwondo - 2011 USA Taekwondo Sparring National Champion
- College football (Go Ducks!)



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