

# Carl B.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BA in English from University of San Francisco
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification

## Hobbies and Achievements

- Power Lifting
- Rock Climbing
- CrossFit
- Backpacking



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 577