

Eric L.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Psychology from University of CA, Santa Cruz
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Biking
- Running - 5K Races
- Football
- Swimming
- Musician



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