

# Peter F.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BS in Kinesiology from Sonoma State University
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Free Weight, Body Weight and Functional Training
- Distance Running - Ran First Half Marathon February 2013
- Healthy Cooking and Healthy Eating
- Football and Basketball
- Spinning and Cycling



For more info about this trainer,  
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