

Ryan D.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BA in Kinesiology from California State University, Sonoma
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Baseball
- Spending Time With Friends and Family
- Working Out
- Reading



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