

# Bret G.



**Certified Personal Trainer  
Team Member Since: 2013**

## Education & Certifications

- BS in Kinesiology - Pre-Athletic Training from California State University East Bay
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification

## Hobbies and Achievements

- Collegiate Scholar Athlete, 2009-2010
- CSU East Bay Student Athletic Trainer of the Year, 2012
- Strength Training
- Hiking with my Wife and Dog



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 592