

Krista B.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Group X Instructor and Water Aerobics Instructor
- AEC Certified Water Aerobics



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