

Matt B.



Master Trainer
Fitness Manager
Team Member Since: 2004
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Business Management and Ethics from William Jessup University
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- Aerobics and Fitness Association of America - Advanced Personal Trainer
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Power Lifting Certified - 2012
- Spartan Race Competitor - 2012
- Tough Mudder Finalist - 2011
- Mount Tallac - 2011



For more info about this trainer,
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24hourfitness.com/personaltraining