

# Paul T.



**Certified Personal Trainer**  
**Team Member Since: 2010**

## Education & Certifications

- BS in Exercise Biology from University of California Davis
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Mixed Martial Arts
- Kickboxing
- Snow boarding
- Church



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Club ID: 592