

Ricky E.



Certified Personal Trainer
Team Member Since: 2009

Education & Certifications

- AA in Health and Fitness from Bryan College
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Muay Thai Kickboxing
- Boxing
- Running
- Strength conditioning



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 592