

# Sami K.



**Master Trainer**  
**Group X Instructor**  
**Assistant Fitness Manager**  
**Team Member Since: 2001**  
**Sessions Serviced:15,000 +**

## Education & Certifications

- BA in Organizational Communications from California State University Sacramento
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Film and movies
- The New England Patriots
- Friends and family
- Exercise
- Writing



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