

# Ciriaco C.



**Certified Personal Trainer**  
**Team Member Since: 1998**  
**Sessions Serviced: 10,000 +**

## Education & Certifications

- BS in exercise science from central texas college
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Family time
- Golf
- Cooking



For more info about this trainer,  
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