

# Jon N.



**Certified Personal Trainer**  
**Team Member Since: 2010**

## Education & Certifications

- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Triathlons
- The Biggest Loser
- Massage therapy



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