

Nan W.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BA in Health Sciences from SJSU
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Cooking and Fine Dining
- NPC Bikini Competitions
- Hiking and Yoga
- Strength and Conditioning Training



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 594