Jared F.

Education & Certifications

- 24 Hour Fitness Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine Certified Personal Trainer



Certified Personal Trainer Team Member Since: 2011

Hobbies and Achievements

- Health and fitness
- Mixed Martial Arts



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

