

Jason L.



Certified Personal Trainer
Master Trainer
Team Member Since: 2006
Sessions Serviced: 5,000 +

Education & Certifications

- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Weight Lifting
- Softball



For more info about this trainer,
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