

Jordan J.



**Certified Personal Trainer
Team Member Since: 2013**

Education & Certifications

- BS in Health and Human Performance - Exercise and Sports Science from University of Wisconsin - River Falls
- BS in Kinesiology - Health and Fitness Management, Nutrition from University of Wisconsin - Milwaukee
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Certified Personal Trainer
- Certified Sports Nutritionist
- 2013 Wisconsin State Record Holder - Leg Press
- 2013 Wisconsin State Record Holder - Calf Raise
- Played Collegiate Ice Hockey at UW-River Falls



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24hourfitness.com/personaltraining

Club ID: 598