

Josh V.

Education & Certifications

- BS in Exercise Science from ???
- MS in Kinesiology from ???
- 24 Hour Fitness - Certified Personal Trainer
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist



Team Member Since: 2003

Hobbies and Achievements

- Rugby
- Triathlons
- Cooking



**For more info about this trainer,
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24hourfitness.com/personaltraining