Riley Z.



Certified Personal Trainer Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness Personal Trainer

Hobbies and Achievements

- Olympic Triathlons and Spartan Races
- Wake, Skate and Snowboarding
- Cooking
- Constant Fitness Research



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 598

