

# Gabriel M.



**Master Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BA in Politics & History from Curry College, Massachusetts
- AED (Automated External Defibrillator)
- CPR Certification
- KETTLEBELL – Certified Kettlebell Instructor
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Paintball
- Former Amateur Pro Aggressive Inline Skater
- Cooking And Nutrition
- Kettlebell Lifting
- Photography



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