

Joanelle R.



**Certified Personal Trainer
Group X Instructor
Team Member Since: 2008**

Education & Certifications

- BA in Psychology from Florida State University
- BS in Criminal Justice from Florida State University
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Kickboxing
- Boot Camps
- Yoga
- Nutrition
- Travel



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